

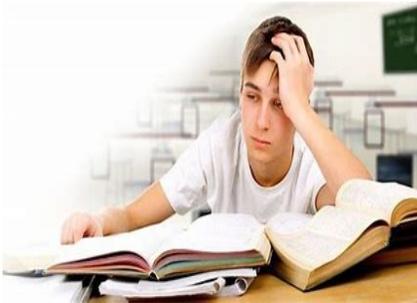


# Coaching for Teenage Students



## Who is this for?

- The ideal clients are High School Students who are, or wish to be, highly focused learners who have a good idea of where their future lies
- They want to ensure they are fully prepared for the next transition in their lives
- They know that it takes more than excellent academic knowledge to achieve a well-rounded education.
- They have parents who know their potential and support them in any way they can
- The students may have come from abroad and might not feel they have the amount of support they would have if they were in their home country



## What is their Challenge?

- They are expected, or hoping to, achieve top results at school
  - They have several distractions in the current climate
  - They may be falling behind and or feeling overwhelmed
  - They wish to improve their focus working from home
  - They want to get back to a stable orderly day that resembles a school day for consistency
  - They would like to build the "soft skills" needed to be successful, independent learners now and in future life
- They would like to have an ally with whom they can build a rapport and trust, while they traverse these challenges
  - They worry that if things carry on as they are, they may not hit their academic targets in preparation for their transition
  - They feel they will have let themselves and their parents down or, more to the point, their parents will continue to be on their case day in, day out. If they seem to be struggling



## What is their desire?

- While learning remotely and then in school, they wish to have a consistent plan for each day
- They wish to have learning or progress goals for each task to be completed in the allotted time required
- They would like to ensure they have covered and completed all the topics necessary for the school year
- They have a handle on their studies, they know their parents are comfortable with the effort they are putting in each day
- They wish to add "soft skills" to their learning experience to prepare them for their transition

## The offer

- **A coaching collaboration of online 1-1 coaching sessions for each week of the term during the academic year.**
- **A review with parent and child at the beginning and end of each school holiday.**
- **"Soft skills" exercises.**
- **Year long assistance from the coach relating to pastoral support.**

## The investment

will be agreed per academic term or per academic year. This will be measured by students achieving their goals and with a sense of enjoyment doing it. They will also complete the coaching relationship with improved skills in perceived self-efficacy, resilience, commitment, and perseverance. These, along with an EDGE© on their peers in the soft skills areas of; communication, critical thinking, organization, self-motivation, and responsibility. Using a coaching model, the aim will ultimately be to give the student the skills to become their own coach. There will only be 8 (eight) student openings available during any academic year, to give your child the opportunity to have maximum support .

## The Coach

A former teacher and pastoral leader in mainstream education in Britain. With nearly 20 years of training and education experience I know I can add support to the progress your child's making, if you are currently thinking about how to get your child through the remainder of the academic year, consider how coaching may support you. Message me at [rforde@edgebarbados.com](mailto:rforde@edgebarbados.com) or go to my website at [www.edgebarbados.com](http://www.edgebarbados.com) and book an introductory meeting. **My name is Richie Forde, my remit is empowering our youth to unlock their potential. Are you ready to succeed?**